

Questions to Consider Before a Move

A practical guide to help older adults and their families consider all angles before deciding to move.

Deciding whether and when to move is one of the biggest decisions a senior homeowner can make. This checklist is designed to help you evaluate your current situation, your goals, and your options—so you can feel confident about whatever path you choose.

Lifestyle & Daily Needs

- Is your current home meeting your daily needs?
- Are there areas of the home that you no longer use (e.g. upstairs bedrooms)?
- Do you feel safe and secure in your home and neighborhood?
- Can you easily get around your home and access everything you need?
- Would home modifications allow you to stay comfortably for longer?
- Are you able to keep up with the maintenance and cleaning of your home, as needed?

\$ Financial Considerations

- Is maintaining your current home becoming too expensive?
- Are you aware of all the equity you've built in your home?
- Could selling your home help you fund a more supportive lifestyle?
- Have you considered financial tools like reverse mortgages or sale-leaseback arrangements?
- Would downsizing reduce your ongoing costs or stress levels?

Health & Support System

- Do you have any current health concerns that affect your mobility or independence?
- Is there someone nearby who can help if needed?
- Would it be easier to live closer to family, doctors, or support services?
- Are you feeling socially isolated in your current home?
- Would a new living situation (such as a senior community) provide more connection and support?



Emotional Readiness

- How emotionally attached are you to your current home?
- Do you feel overwhelmed by the idea of packing, sorting, and moving?
- What worries you most about leaving your home?
- Are there people or services who could support you through this transition?
- Are you excited about the possibility of a new chapter?

Everyone's journey is different. The more thoughtfully you explore these questions, the better positioned you'll be to make a decision that supports your independence, well-being, and peace of mind.

Feel free to reach out to Ira Dym at Senior Homeowner Advisors for a complimentary consultation or to discuss your answers in more detail.